



August 2026
Daily Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>3</u> <u>Breakfast</u> Applesauce Whole Grain Pancakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Chicken Corn Chowder Whole Grain Townhouse Crackers Cheese Slices Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Cheese It Crackers Cheese Slices Water	<u>4</u> <u>Breakfast</u> Diced Pears Whole Grain Bagel *Unflavored Whole/ Skim Milk <u>Lunch</u> Turkey Ham & Cheese Whole Grain Tortilla Wraps Fresh Carrots **Peas** Bananas *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Animal Crackers Cheese Slices Water	<u>5</u> <u>Breakfast</u> Apple Wedges Whole Grain Corn Chex *Unflavored Whole/ Skim Milk <u>Lunch</u> Beef Barbeque on a Whole Wheat Bun Tossed Salad w/Dressing **Corn** Sliced Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Maple Bites Oranges Water	<u>6</u> ALL LVCC CENTERS ARE CLOSED	<u>7</u> ALL LVCC CENTERS ARE CLOSED
<u>10</u> <u>Breakfast</u> Applesauce Whole Grain French Toast Sticks *Unflavored Whole/ Skim Milk <u>Lunch</u> Fajita Chicken w/Pepper&Onion Whole Grain Rice Corn Applesauce *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Townhouse Crackers w/Soy Butter Water	<u>11</u> <u>Breakfast</u> Mixed Fruit Whole Grain Kix Cereal *Unflavored Whole/ Skim Milk <u>Lunch</u> Turkey Ham & Cheese Whole Grain Tortilla Wraps Fresh Carrots **Carrot** Watermelon *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Carrot Muffin Applesauce Water	<u>12</u> <u>Breakfast</u> 100% Orange Juice Whole Grain Waffles *Unflavored Whole/ Skim Milk <u>Lunch</u> Beef Taco w/Diced Tomato Shredded Lettuce & Cheese Whole Grain Tortilla Wraps Mixed Fruit—Green Beans *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Goldfish Crackers Peaches Water	<u>13</u> <u>Breakfast</u> Pears Whole Grain Life Cereal *Unflavored Whole/ Skim Milk <u>Lunch</u> Ground Beef in Sauce Whole Grain Pasta Tossed Salad w/Dressing **Corn** Apples *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Soft Pretzels Oranges Water	<u>14</u> <u>Breakfast</u> Whole Grain Cheerios Bananas *Unflavored Whole/ Skim Milk <u>Lunch</u> Soy Butter & Jelly Pockets On Whole Grain Bread Celery **Mixed Vegetables** Mixed Fruit-Cheese Slices *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Cinnamon Crisp Crackers Apple Juice Water



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<u>17</u> Breakfast Mixed Fruit Whole Grain Kix Cereal *Unflavored Whole/ Skim Milk <u>Lunch</u> Macaroni & Cheese w/Pasta Whole Grain Crackers w/Soy Butter Peas Pears *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Cheese It Crackers Mixed Fruit Water	<u>18</u> Breakfast Whole Wheat Toast Applesauce *Unflavored Whole/ Skim Milk <u>Lunch</u> Turkey Cubes & String Cheese Whole Grain Townhouse Crackers Carrots **Red Beets* Watermelon *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Maple Bites Cheese Slices Water	<u>19</u> Breakfast Whole Grain Rice Krispies Apple Wedges *Unflavored Whole/ Skim Milk <u>Lunch</u> Baked Beans w/Turkey Ham Whole Grain Dinner Rolls Tossed Salad w/Dressing **Corn* Mixed Fruit *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Ritz Crackers w/Soy Butter Water	<u>20</u> Breakfast Whole Grain English Muffin 100% Orange Juice *Unflavored Whole/ Skim Milk <u>Lunch</u> Beef A Roni Topped w/Cheese Whole Grain Pasta Green Beans Grapes *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Tostado Chips w/Salsa & Shredded Cheese Water	<u>21</u> Breakfast Whole Grain Bagels Diced Pears *Unflavored Whole/ Skim Milk <u>Lunch</u> Turkey Ham & Cheese on Whole Grain Tortilla Wraps Carrots **Mixed Vegetables* Peaches *Unflavored Whole/ Skim Milk <u>Snack</u> Whole Grain Hard Pretzels Peaches Water
<u>24</u> Breakfast Oranges Whole Grain Corn Flakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Egg Patty w/Cheese on a Whole Grain English Muffin Diced Potatoes Oranges *Unflavored Whole/Skim Milk <u>Snack</u> Whole Grain Animal Crackers Cheese Slices Water	<u>25</u> Breakfast Applesauce Whole Grain French Toast Sticks *Unflavored Whole/ Skim Milk <u>Lunch</u> Yogurt Whole Grain Crackers w/Soy Butter Carrot **Green Beans* Apples *Unflavored Whole/Skim Milk <u>Snack</u> Whole Grain Graham Crackers Oranges Water	<u>26</u> Breakfast 100% Orange Juice Whole Wheat Toast *Unflavored Whole/Skim Milk <u>Lunch</u> Beef Chili with Kidney Beans & Rice Green Beans Peaches *Unflavored Whole/Skim Milk <u>Snack</u> Applesauce Whole Grain Blueberry Lemon Crackers Water	<u>27</u> Breakfast Bananas Whole Grain Rice Krispies *Unflavored Whole/Skim Milk <u>Lunch</u> Chicken Diced Tomato w/Rice Whole Grain Crackers w/Soy Butter Tossed Salad w/Dressing **Carrot* Watermelon *Unflavored Whole/Skim Milk <u>Snack</u> Whole Grain Goldfish Crackers Apples Water	<u>28</u> Breakfast Oranges Whole Grain Cheerios *Unflavored Whole/Skim Milk <u>Lunch</u> Turkey Ham & Cheese on Whole Grain Tortilla Wraps Carrots **Peas* Applesauce *Unflavored Whole/Skim Milk <u>Snack</u> Whole Grain Educational Crackers Cheese Slices Water



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31 <u>Breakfast</u> Applesauce Whole Wheat Pancakes *Unflavored Whole/ Skim Milk <u>Lunch</u> Ground Beef w/Sauce and Whole Grain Pasta Green Beans Pears *Unflavored Whole/Skim Milk <u>Snack</u> Whole Grain Blueberry Lemon Crackers Applesauce Water				