



November 2026

Daily Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
2 Breakfast Mixed Fruit Whole Grain Rice Krispies Cereal *Unflavored Whole or Skim Milk Lunch Beef Mixed Vegetable Stew Whole Grain Crackers String Cheese Mixed Fruit *Unflavored Whole Milk Snack Whole Goldfish Crackers Peaches Water	3 Breakfast Bananas Whole Grain Corn Chex Cereal *Unflavored Whole or Skim Milk Lunch Turkey Ham and Cheese on Whole Grain Tortilla Wraps Carrots **Mixed Vegetables* Banana *Unflavored Whole Milk Snack Whole Grain Hard Pretzels Apples Water	4 Breakfast Apple Wedges Whole Grain Waffles *Unflavored Whole or Skim Milk Lunch Beef Taco w/Diced Tomato Shredded Lettuce & Cheese Whole Grain Tortilla Wraps Peaches—Green Beans *Unflavored Whole Milk Snack Whole Grain Cinnamon Crisp Crackers Bananas Water	5 Breakfast Orange Juice Whole Grain Corn Flakes Cereal *Unflavored Whole or Skim Milk Lunch Chicken Salad on Whole Grain Crackers Cucumber Slices **Peas* Oranges *Unflavored Whole Milk Snack Whole Grain Ritz Crackers w/Soy Butter Water	6 Breakfast Applesauce Whole Grain Bagels *Unflavored Whole or Skim Milk Lunch Ground Beef in Sauce Whole Grain Pasta Tossed Salad w/Dressing **Corn* Mixed Fruit *Unflavored Whole Milk Snack Whole Grain Maple Bites Cheese Slices Water
9 Breakfast Applesauce Whole Grain French Toast Sticks *Unflavored Whole or Skim Milk Lunch Chicken in Gravy Whole Grain Rice Red Beets Pears *Unflavored Whole Milk Snack Whole Grain Townhouse Crackers w/Soy Butter Water	10 Breakfast Mixed Fruit Whole Grain Kix Cereal *Unflavored Whole or Skim Milk Lunch Turkey Ham & Cheese Whole Grain Tortilla Wraps Fresh Carrots **Carrot* Apples *Unflavored Whole Milk Snack Whole Grain Carrot Muffin Applesauce Water	11 Breakfast 100% Orange Juice Whole Grain Waffles *Unflavored Whole or Skim Milk Lunch Chicken Barbeque Whole Grain Hamburger Buns Cooked Carrots Applesauce *Unflavored Whole Milk Snack Whole Grain Goldfish Crackers Peaches Water	12 Breakfast Whole Grain Cheerios Bananas *Unflavored Whole or Skim Milk Lunch Soy Butter and Jelly Pockets On Whole Grain Bread Celery **Mixed Vegetables* Oranges—Cheese Slices *Unflavored Whole Milk Snack Whole Grain Cinnamon Crisp Crackers Apple Juice Water	13 Breakfast Pears Whole Grain Life Cereal *Unflavored Whole or Skim Milk Lunch Fajita Chicken w/Pepper, Onion and Whole Grain Rice Tossed Salad w/Dressing **Corn* Sliced Apples *Unflavored Whole Milk Snack Whole Grain Soft Pretzels Oranges Water

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<p><u>16</u> <u>Breakfast</u></p> <p>Mixed Fruit Whole Grain Kix Cereal *Unflavored Whole or Skim Milk</p> <p><u>Lunch</u></p> <p>Fish Sticks Whole Grain Crackers w/Soy Butter Four Bean Salad Sliced Apples *Unflavored Whole Milk</p> <p><u>Snack</u></p> <p>Whole Grain Cheese It Crackers Mixed Fruit Water</p>	<p><u>17</u> <u>Breakfast</u></p> <p>Whole Wheat Toast Applesauce *Unflavored Whole or Skim Milk</p> <p><u>Lunch</u></p> <p>Turkey Cubes & String Cheese Whole Grain Townhouse Crackers Carrots **Red Beets* Bananas *Unflavored Whole Milk</p> <p><u>Snack</u></p> <p>Whole Grain Maple Bites Cheese Slices Water</p>	<p><u>18</u> <u>Breakfast</u></p> <p>Whole Grain Rice Krispies Cereal Apple Wedges *Unflavored Whole or Skim Milk</p> <p><u>Lunch</u></p> <p>Baked Beans w/Turkey Ham Whole Grain Dinner Rolls Tossed Salad w/Dressing **Corn* Mixed Fruit *Unflavored Whole Milk</p> <p><u>Snack</u></p> <p>Whole Grain Ritz Crackers w/Soy Butter Water</p>	<p><u>19</u> <u>Breakfast</u></p> <p>Whole Grain Bagels Diced Pears *Unflavored Whole or Skim Milk</p> <p><u>Lunch</u></p> <p>Beef A Roni Topped w/Cheese & Whole Grain Pasta Green Beans Apples *Unflavored Whole Milk</p> <p><u>Snack</u></p> <p>Whole Grain Hard Pretzels Peaches Water</p>	<p><u>20</u> <u>Breakfast</u></p> <p>Whole Grain English Muffin 100% Orange Juice *Unflavored Whole or Skim Milk</p> <p><u>Lunch</u></p> <p>Turkey Ham and Cheese on Whole Grain Tortilla Wraps Cucumber Slices **Peas* Peaches *Unflavored Whole Milk</p> <p><u>Snack</u></p> <p>Whole Grain Tostado Chips with Salsa & Shredded Cheese Water</p>
<p><u>23</u> <u>Breakfast</u></p> <p>Oranges Whole Grain Corn Flakes *Unflavored Whole or Skim Milk</p> <p><u>Lunch</u></p> <p>Macaroni & Cheese w/Pasta Whole Grain Crackers w/Soy Butter Peas Applesauce *Unflavored Whole Milk</p> <p><u>Snack</u></p> <p>Whole Grain Animal Crackers Cheese Slices Water</p>	<p><u>24</u> <u>Breakfast</u></p> <p>Applesauce Whole Grain French Toast Sticks *Unflavored Whole or Skim Milk</p> <p><u>Lunch</u></p> <p>Beef Chili with Kidney Beans & Rice Tossed Salad w/Dressing **Carot* Apples *Unflavored Whole Milk</p> <p><u>Snack</u></p> <p>Whole Grain Graham Crackers Oranges Water</p>	<p><u>25</u> <u>Breakfast</u></p> <p>100% Orange Juice Whole Grain Life Cereal *Unflavored Whole or Skim Milk</p> <p><u>Lunch</u></p> <p>Turkey Ham & Cheese Whole Grain Tortilla Wraps Fresh Carrots **Carrot* Peaches *Unflavored Whole Milk</p> <p><u>Snack</u></p> <p>Whole Grain Townhouse Crackers String Cheese Water</p>	<p><u>26</u></p> <p style="text-align: center;">ALL LVCC CENTERS ARE CLOSED</p>	<p><u>27</u></p> <p style="text-align: center;">ALL LVCC CENTERS ARE CLOSED</p>



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30 <u>Breakfast</u> Applesauce Whole Wheat Pancakes *Unflavored Whole or Skim Milk <u>Lunch</u> Ground Beef w/Sauce and Whole Grain Pasta Green Beans Pears *Unflavored Whole Milk <u>Snack</u> Whole Grain Hard Pretzels Peaches Water				