



*September 2026*  
*Daily Menu*



| <u><a href="#">Monday</a></u>                                                                                         | <u><a href="#">Tuesday</a></u>                                                                                                                                                                                                                                                                                                                                                                              | <u><a href="#">Wednesday</a></u>                                                                                                                                                                                                                                                                                                                                                                                                    | <u><a href="#">Thursday</a></u>                                                                                                                                                                                                                                                                                                                                                                                                  | <u><a href="#">Friday</a></u>                                                                                                                                                                                                                                                                                                                                                                                    |
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|                                                                                                                       | <p><u><a href="#">1</a></u>      <u><a href="#">Breakfast</a></u><br/>Diced Pears<br/>Whole Grain Bagel<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Lunch</a></u><br/>Turkey Ham &amp; Cheese<br/>Whole Grain Tortilla Wraps<br/>Fresh Carrots **Peas**<br/>Bananas<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Snack</a></u><br/>Whole Grain Animal Crackers<br/>Cheese Slices<br/>Water</p>     | <p><u><a href="#">2</a></u>      <u><a href="#">Breakfast</a></u><br/>Apple Wedges<br/>Whole Grain Corn Chex<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Lunch</a></u><br/>Beef Barbeque on a<br/>Whole Wheat Bun<br/>Tossed Salad<br/>w/Dressing **Corn**<br/>Sliced Apples<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Snack</a></u><br/>Whole Grain Maple Bites<br/>Oranges<br/>Water</p>                              | <p><u><a href="#">3</a></u>      <u><a href="#">Breakfast</a></u><br/>Bananas<br/>Whole Grain Corn Chex<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Lunch</a></u><br/>Turkey Cubes and<br/>String Cheese<br/>Whole Grain<br/>Townhouse Crackers<br/>Celery **Green Beans*<br/>Grapes<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Snack</a></u><br/>Whole Grain Pretzels<br/>Apples<br/>Water</p>                       | <p><u><a href="#">4</a></u>      <u><a href="#">Breakfast</a></u><br/>Apple Wedges<br/>Whole Grain Waffles<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Lunch</a></u><br/>Chicken Corn Chowder<br/>Whole Grain'<br/>Townhouse Crackers<br/>Cheese Slices<br/>Applesauce<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Snack</a></u><br/>Whole Grain<br/>Cinnamon Crisp Crackers<br/>Bananas<br/>Water</p> |
| <p><u><a href="#">7</a></u></p> <p style="text-align: center;"><b>ALL<br/>LVCC<br/>CENTERS<br/>ARE<br/>CLOSED</b></p> | <p><u><a href="#">8</a></u>      <u><a href="#">Breakfast</a></u><br/>Mixed Fruit<br/>Whole Grain Kix Cereal<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Lunch</a></u><br/>Turkey Ham &amp; Cheese<br/>Whole Grain Tortilla Wraps<br/>Fresh Carrots **Carrot*<br/>Apples<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Snack</a></u><br/>Whole Grain<br/>Carrot Muffin<br/>Applesauce<br/>Water</p> | <p><u><a href="#">9</a></u>      <u><a href="#">Breakfast</a></u><br/>100% Orange Juice<br/>Whole Grain Waffles<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Lunch</a></u><br/>Beef Taco w/Diced Tomato<br/>Shredded Lettuce &amp; Cheese<br/>Whole Grain Tortilla Wraps<br/>Peaches—Green Beans<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Snack</a></u><br/>Whole Grain<br/>Goldfish Crackers<br/>Peaches<br/>Water</p> | <p><u><a href="#">10</a></u>    <u><a href="#">Breakfast</a></u><br/>Whole Grain Cheerios<br/>Bananas<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Lunch</a></u><br/>Soy Butter and Jelly Pockets<br/>On Whole Grain Bread<br/>Celery **Mixed Vegetables*<br/>Oranges—Cheese Slices<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Snack</a></u><br/>Whole Grain<br/>Cinnamon Crisp Crackers<br/>Apple Juice<br/>Water</p> | <p><u><a href="#">11</a></u>    <u><a href="#">Breakfast</a></u><br/>Pears<br/>Whole Grain Life Cereal<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Lunch</a></u><br/>Ground Beef in Sauce<br/>Whole Grain Pasta<br/>Tossed Salad w/Dressing<br/>**Corn*<br/>Mixed Fruit<br/>*Unflavored Whole Milk</p> <p><u><a href="#">Snack</a></u><br/>Whole Grain<br/>Soft Pretzels<br/>Oranges<br/>Water</p>          |



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## Daily Menu



| <u>Monday</u>                                                                                                                                                                                                                                                                                                                                  | <u>Tuesday</u>                                                                                                                                                                                                                                                                                                                                        | <u>Wednesday</u>                                                                                                                                                                                                                                                                                                                                                   | <u>Thursday</u>                                                                                                                                                                                                                                                                                                                                                     | <u>Friday</u>                                                                                                                                                                                                                                                                                                                                                                      |
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| <b><u>14</u></b> <b><u>Breakfast</u></b><br>Mixed Fruit<br>Whole Grain Kix Cereal<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Macaroni & Cheese w/Pasta<br>Whole Grain Crackers<br>w/Soy Butter<br>Peas<br>Pears<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Cheese It Crackers<br>Mixed Fruit<br>Water | <b><u>15</u></b> <b><u>Breakfast</u></b><br>Whole Wheat Toast<br>Applesauce<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Turkey Cubes<br>& String Cheese<br>Whole Grain<br>Townhouse Crackers<br>Carrots **Red Beets*<br>Bananas<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain Maple Bites<br>Cheese Slices<br>Water | <b><u>16</u></b> <b><u>Breakfast</u></b><br>Whole Grain Rice Krispies<br>Apple Wedges<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Baked Beans w/Turkey Ham<br>Whole Grain Dinner Rolls<br>Tossed Salad w/Dressing<br>**Corn*<br>Mixed Fruit<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain Ritz Crackers<br>w/Soy Butter<br>Water | <b><u>17</u></b> <b><u>Breakfast</u></b><br>Whole Grain Bagels<br>Diced Pears<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Beef A Roni<br>Topped w/Cheese &<br>Whole Grain Pasta<br>Green Beans<br>Apples<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain Hard Pretzels<br>Peaches<br>Water                                          | <b><u>18</u></b> <b><u>Breakfast</u></b><br>Whole Grain English Muffin<br>100% Orange Juice<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Turkey Ham and Cheese on<br>Whole Grain Tortilla Wraps<br>Carrots **Mixed Vegetables*<br>Peaches<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Tostado Chips with<br>Salsa & Shredded Cheese<br>Water |
| <b><u>21</u></b> <b><u>Breakfast</u></b><br>Oranges<br>Whole Grain Corn Flakes<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Egg Patty w/Cheese on a<br>Whole Grain English Muffin<br>Diced Potatoes<br>Applesauce<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Animal Crackers<br>Cheese Slices<br>Water  | <b><u>22</u></b> <b><u>Breakfast</u></b><br>Applesauce<br>Whole Grain<br>French Toast Sticks<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Yogurt<br>Whole Grain Crackers<br>w/Soy Butter<br>Carrot **Green Beans*<br>Bananas<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Graham Crackers<br>Oranges<br>Water    | <b><u>23</u></b> <b><u>Breakfast</u></b><br>100% Orange Juice<br>Whole Wheat Toast<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Beef Chili with<br>Kidney Beans & Rice<br>Green Beans<br>Peaches<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Townhouse Crackers<br>String Cheese<br>Water                                    | <b><u>24</u></b> <b><u>Breakfast</u></b><br>Oranges<br>Whole Grain Cheerios<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Turkey Ham & Cheese on<br>Whole Grain Tortilla Wraps<br>Whole Grain Crackers<br>Celery **Peas*<br>Oranges<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Educational Crackers<br>Cheese Slices<br>Water | <b><u>25</u></b> <b><u>Breakfast</u></b><br>Bananas<br>Whole Grain Rice Krispies<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Chicken Diced Tomato<br>w/Rice<br>Whole Grain Crackers<br>w/Soy Butter<br>Tossed Salad w/Dressing<br>**Carrot*<br>Mixed Fruit<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Goldfish Crackers<br>Apples<br>Water |



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| <u>Monday</u>                                                                                                                                                                                                                                                                                                                      | <u>Tuesday</u>                                                                                                                                                                                                                                                                                                                                | <u>Wednesday</u>                                                                                                                                                                                                                                                                                                                                                                  | <u>Thursday</u> | <u>Friday</u> |
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| <b><u>28</u></b> <b><u>Breakfast</u></b><br>Applesauce<br>Whole Wheat Pancakes<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Ground Beef w/Sauce and<br>Whole Grain Pasta<br>Green Beans<br>Pears<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Blueberry Lemon Crackers<br>Applesauce<br>Water | <b><u>29</u></b> <b><u>Breakfast</u></b><br>Pears<br>Whole Grain Life Cereal<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Turkey Ham and Cheese on<br>Whole Grain Tortilla Wraps<br>Carrots **Mixed Vegetables*<br>Banana<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Hard Pretzels<br>Peaches<br>Water | <b><u>30</u></b> <b><u>Breakfast</u></b><br>Apples<br>Whole Grain<br>French Toast Sticks<br>*Unflavored Whole Milk<br><br><b><u>Lunch</u></b><br>Fajita Chicken<br>w/Pepper, Onion &<br>Whole Grain Rice<br>Tossed Salad w/Dressing<br>**Carrot*<br>Applesauce<br>*Unflavored Whole Milk<br><br><b><u>Snack</u></b><br>Whole Grain<br>Townhouse Crackers<br>w/Soy Butter<br>Water |                 |               |
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