



October 2025



Pre-K Counts AM Snack Menu



| <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
|------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------|--------------------------------------------------------------------|---------------------------------------------------------------------------|
| | | <u>1</u> Tostado Chips w/Salsa Unflavored Skim Milk | <u>2</u> String Cheese Apples Water | <u>3</u> Whole Grain Maple Graham Bites Unflavored Skim Milk |
| <u>6</u> Whole Grain Animal Crackers Unflavored Skim Milk | <u>7</u> Whole Grain Goldfish Crackers Unflavored Skim Milk Water | <u>8</u> Whole Grain Ritz Crackers Cheese Slices | <u>9</u> Whole Grain Graham Crackers Bananas Water | <u>10</u> String Cheese Mixed Fruit Cups Water |

OCTOBER 2—NO CLASSES FOR CAMPUS & FOWLER ONLY



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|--------------------------------------------------------------------|------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
| <p><u>13</u></p> <p>ALL PKC CLASSES ARE CLOSED</p> | <p><u>14</u></p> <p>Whole Grain Cornbread Muffins Unflavored Skim Milk</p> | <p><u>15</u></p> <p>Educational Crackers Cheese Slices</p> | <p><u>16</u></p> <p>String Cheese Apples Water</p> | <p><u>17</u></p> <p>Whole Wheat Hard Pretzels Unflavored Skim Milk</p> |
| <p><u>20</u></p> <p>Yogurt Whole Grain Ritz Crackers</p> | <p><u>21</u></p> <p>Whole Grain Graham Crackers Unflavored Skim Milk</p> | <p><u>22</u></p> <p>Whole Grain Cheese It Crackers Unflavored Skim Milk</p> | <p><u>23</u></p> <p>Bananas Whole Grain Graham Crackers</p> | <p><u>24</u></p> <p>Whole Grain Goldfish Crackers Unflavored Skim Milk Water</p> |

OCTOBER 13—ALL PKC CLASSES ARE CLOSED



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|--------------------------------------------------------------------------------|------------------------------------------------------------------------|---------------------------------------------------------------|---------------------------------------------------------------------|----------------------------------------------------------------------------|
| <u>27</u> Whole Grain Cinnamon Crisp Crackers Unflavored Skim Milk | <u>28</u> Whole Grain Maple Graham Bites Unflavored Skim Milk | <u>29</u> Whole Grain Ritz Crackers Oranges Water | <u>30</u> Whole Grain Graham Crackers Unflavored Skim Milk | <u>31</u> Whole Grain Blueberry/Lemon Crackers Applesauce Cups |
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