







Monday	Tuesday	Wednesday	Thursday	<u>Friday</u>
ALL LVCC CENTERS ARE CLOSED	Whole Grain Educational Crackers Unflavored Skim Milk	Whole Grain Animal Crackers Unflavored Skim Milk	Whole Grain Goldfish Crackers Unflavored Skim Milk Water	5 Whole Grain Ritz Crackers Cheese Slices
Whole Grain Graham Crackers Orange Wedges Water	9 Whole Grain Tostado Chips w/Salsa Unflavored Skim Milk	Whole Grain Ritz Crackers Oranges Water	11 Whole Grain Cornbread Muffins Unflavored Skim Milk	Grapes Cheese Slices

| SEPTEMBER 1—ALL LVCC CENTERS ARE CLOSED









Monday	Tuesday	Wednesday	Thursday	<u>Friday</u>
<u>15</u>	16	<u>17</u>	18	19
String Cheese Apples Water	Whole Wheat Hard Pretzels Unflavored Skim Milk	Yogurt Whole Grain Educational Crackers	Whole Grain Graham Crackers Unflavored Skim Milk	Whole Grain Cheese It Crackers Unflavored Skim Milk
<u>22</u>	23	24	<u>25</u>	<u>26</u>
Whole Grain Goldfish Crackers Unflavored Skim Milk Water	Bananas Whole Grain Graham Crackers Water	Whole Grain Cinnamon Crisp Crackers Unflavored Skim Milk	Whole Grain Maple Graham Bites Unflavored Skim Milk	Whole Grain Ritz Crackers Oranges Water

SEPTEMBER 25—NO CLASSES FOR ST JOE'S ONLY







Pre-X Counts AM Snack Menu



Monday	Tuesday	Wednesday	Thursday	<u>Friday</u>
<u>29</u>	30			
Educational Crackers Unflavored Skim Milk	Whole Grain Blueberry/Lemon Crackers Applesauce Cups			