LVCC Lehigh Valley Children's Centers

November 2026

School-Age Daily Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Breakfast** Whole Grain Kix Cereal Mixed Fruit Unflavored Whole Milk **Snack** Whole Grain Goldfish Crackers Apple Water	**3** **Breakfast** Whole Grain Cheerios Applesauce Unflavored Whole Milk **Snack** Whole Grain Graham Crackers Cheese Slices Water	**4** **Breakfast** Whole Grain French Toast Sticks Diced Pears Unflavored Whole Milk **Snack** Whole Grain Soft Pretzel Rods **2 per Child** Cheese Dip Water	**5** **Breakfast** Whole Grain Pancakes Apples Unflavored Whole Milk **Snack** Whole Grain Ritz Crackers Soy Butter Water	**6** **Breakfast** Whole Grain Waffles w/Syrup Applesauce Unflavored Whole Milk **Snack** Whole Grain Cheese It Crackers Mandarin Oranges Water
9 **Breakfast** Whole Grain Corn Chex 100% Apple Juice Unflavored Whole Milk **Snack** Whole Grain Blueberry Lemon Crisp Sliced Peaches Water	**10** **Breakfast** Whole Grain Kix Cereal Peaches Unflavored Whole Milk **Snack** Whole Grain Blueberry Mini Loaves Oranges Water	**11** **Breakfast** Rice Krispie Cereal Orange Wedges Unflavored Whole Milk **Snack** Whole Grain Goldfish Crackers Applesauce Water	**12** **Breakfast** Whole Grain French Toast Sticks Applesauce Unflavored Whole Milk **Snack** Fresh Carrot Sticks Dipped Soy Butter Water	**13** **Breakfast** Whole Grain Cheerios Diced Pears Unflavored Whole Milk **Snack** Whole Grain Tostado Chips w/Salsa Cheese Dip Water

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16 **Breakfast** Whole Wheat Bagel w/Cream Cheese Peaches Unflavored Whole Milk **Snack** Whole Grain Animal Crackers Cheese Sticks Water	**17** **Breakfast** Whole Grain Life Cereal 100% Orange Juice Unflavored Whole Milk **Snack** Whole Grain Ritz Crackers Cheese Slices Water	**18** **Breakfast** Whole Grain Raisin Bread Mixed Fruit Unflavored Whole Milk **Snack** Whole Grain Goldfish Crackers Applesauce Water	**19** **Breakfast** Whole Grain Pancake Oranges Unflavored Whole Milk **Snack** Whole Grain Hard Pretzels Diced Pears Water	**20** **Breakfast** Whole Grain Corn Chex 100% Orange Juice Unflavored Whole Milk **Snack** Fresh Carrot Sticks Dipped Soy Butter Water
23 **Breakfast** Whole Grain Kix Cereal Pears Unflavored Whole Milk **Snack** Whole Grain Ritz Crackers Pineapple Chunks Water	**24** **Breakfast** Whole Grain English Muffins Pineapple Chunks Unflavored Whole Milk **Snack** Whole Grain Blueberry Lemon Crisp Sliced Peaches Water	**25** **Breakfast** Whole Grain Waffle w/Syrup Peaches Unflavored Whole Milk **Snack** Whole Grain Cheese It Crackers Cheese Slices Water	**26** ALL LVCC CENTERS ARE CLOSED	**27** ALL LVCC CENTERS ARE CLOSED

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30 **Breakfast** Whole Grain Corn Chex Banana Unflavored Whole Milk **Snack** Fresh Carrot Sticks Dipped Soy Butter Water				