



September 2025

School-Age Daily Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><u>1</u></p> <p>ALL LVCC CENTERS ARE CLOSED</p>	<p><u>2</u></p> <p><u>Breakfast</u> Whole Grain Raisin Bread Fresh Apples Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Ritz Crackers Fresh Oranges Water</p>	<p><u>3</u></p> <p><u>Breakfast</u> Rice Krispies Sliced Peaches Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Corn Muffins String Cheese Water</p>	<p><u>4</u></p> <p><u>Breakfast</u> Whole Grain Kix Cereal Mixed Fruit Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Goldfish Crackers Apples Water</p>	<p><u>5</u></p> <p><u>Breakfast</u> Whole Grain Cheerios Applesauce Unflavored Skim Milk</p> <p><u>Snack</u> Whole Wheat Graham Crackers Pears Water</p>
<p><u>8</u></p> <p><u>Breakfast</u> Corn Flakes Diced Pears Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Soft Pretzel Rods **2 Per Child** Cheese Dip Water</p>	<p><u>9</u></p> <p><u>Breakfast</u> Whole Grain Pancakes Bananas Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Ritz Crackers Soy Butter Water</p>	<p><u>10</u></p> <p><u>Breakfast</u> Whole Grain Waffles w/Syrup Applesauce Unflavored Skim Milk</p> <p><u>Snack</u> Whole Wheat Animal Crackers Mandarin Oranges Water</p>	<p><u>11</u></p> <p><u>Breakfast</u> Whole Grain Corn Chex Banana Unflavored Skim Milk</p> <p><u>Snack</u> Fresh Carrot Sticks Dipped Soy Butter Water</p>	<p><u>12</u></p> <p><u>Breakfast</u> Whole Grain Kix Cereal Peaches Unflavored Skim Milk</p> <p><u>Snack</u> Whole Grain Blueberry Mini Loaves Bananas Water</p>



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<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>15</u> <u>Breakfast</u> Rice Krispie Cereal Orange Wedges Unflavored Skim Milk <u>Snack</u> Whole Grain Goldfish Crackers Cheese Slices Water	<u>16</u> <u>Breakfast</u> Whole Grain French Toast Sticks Applesauce Unflavored Skim Milk <u>Snack</u> Whole Grain Blueberry Lemon Crisp Sliced Peaches Water	<u>17</u> <u>Breakfast</u> Whole Grain Cheerios Diced Pears Unflavored Skim Milk <u>Snack</u> Yogurt Whole Grain Maple Bites Water	<u>18</u> <u>Breakfast</u> Whole Wheat Bagel w/Cream Cheese 100% Pineapple Juice Unflavored Skim Milk <u>Snack</u> Whole Grain Animal Crackers Cheese Sticks Water	<u>19</u> <u>Breakfast</u> Whole Grain Life Cereal Mixed Fruit Unflavored Skim Milk <u>Snack</u> Whole Grain Ritz Crackers Fresh Oranges Water
<u>22</u> <u>Breakfast</u> Whole Wheat Bread 100% Orange Juice Unflavored Skim Milk <u>Snack</u> Whole Grain Goldfish Crackers Applesauce Water	<u>23</u> <u>Breakfast</u> Whole Grain Pancake Fresh Apple Unflavored Skim Milk <u>Snack</u> Whole Wheat Hard Pretzels Diced Pears Water	<u>24</u> <u>Breakfast</u> Whole Wheat Bagel w/Cream Cheese 100% Pineapple Juice Unflavored Skim Milk <u>Snack</u> Whole Grain Animal Crackers Cheese Sticks Water	<u>25</u> <u>Breakfast</u> Whole Grain Life Cereal Mixed Fruit Unflavored Skim Milk <u>Snack</u> Whole Grain Ritz Crackers Fresh Oranges Water	<u>26</u> <u>Breakfast</u> Whole Grain French Toast Sticks Applesauce Unflavored Skim Milk <u>Snack</u> Whole Grain Blueberry Lemon Crisp Sliced Peaches Water



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<u>29</u> <u>Breakfast</u> Whole Grain Waffle w/Syrup Peaches Unflavored Skim Milk <u>Snack</u> Whole Grain Cheese It Crackers Mandarin Oranges Water	<u>30</u> <u>Breakfast</u> Whole Grain Corn Chex Banana Unflavored Skim Milk <u>Snack</u> Fresh Carrot Sticks Dipped Soy Butter Water			