



September 2026

School-Age Daily Menu



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
	<u>1</u> <u>Breakfast</u> Whole Grain Kix Cereal Mixed Fruit Unflavored Whole Milk <u>Snack</u> Whole Grain Goldfish Crackers Apple Water	<u>2</u> <u>Breakfast</u> Whole Grain Cheerios Applesauce Unflavored Whole Milk <u>Snack</u> Whole Wheat Graham Crackers Cheese Slices Water	<u>3</u> <u>Breakfast</u> Whole Grain French Toast Sticks Diced Pears Unflavored Whole Milk <u>Snack</u> Whole Grain Soft Pretzel Rods **2 per Child** Cheese Dip Water	<u>4</u> <u>Breakfast</u> Whole Grain Pancakes Apples Unflavored Whole Milk <u>Snack</u> Whole Grain Ritz Crackers Soy Butter Water
<u>7</u> ALL LVCC CENTERS ARE CLOSED	<u>8</u> <u>Breakfast</u> Whole Grain Corn Chex 100% Apple Juice Unflavored Whole Milk <u>Snack</u> Whole Grain Blueberry Lemon Crisp Sliced Peaches Water	<u>9</u> <u>Breakfast</u> Whole Grain Kix Cereal Peaches Unflavored Whole Milk <u>Snack</u> Whole Grain Blueberry Mini Loaves Oranges Water	<u>10</u> <u>Breakfast</u> Rice Krispie Cereal Orange Wedges Unflavored Whole Milk <u>Snack</u> Whole Grain Goldfish Crackers Applesauce Water	<u>11</u> <u>Breakfast</u> Whole Grain French Toast Sticks Applesauce Unflavored Whole Milk <u>Snack</u> Fresh Carrot Sticks Dipped Soy Butter Water



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<u>14</u> <u>Breakfast</u> Whole Grain Cheerios Diced Pears Unflavored Whole Milk <u>Snack</u> Whole Grain Tostado Chips w/Salsa Cheese Dip Water	<u>15</u> <u>Breakfast</u> Whole Wheat Bagel w/Cream Cheese Peaches Unflavored Whole Milk <u>Snack</u> Whole Grain Animal Crackers Cheese Sticks Water	<u>16</u> <u>Breakfast</u> Whole Grain Life Cereal 100% Orange Juice Unflavored Whole Milk <u>Snack</u> Whole Grain Ritz Crackers Cheese Slices Water	<u>17</u> <u>Breakfast</u> Whole Grain Raisin Bread Mixed Fruit Unflavored Whole Milk <u>Snack</u> Whole Grain Goldfish Crackers Applesauce Water	<u>18</u> <u>Breakfast</u> Whole Grain Pancake Oranges Unflavored Whole Milk <u>Snack</u> Whole Wheat Hard Pretzels Diced Pears Water
<u>21</u> <u>Breakfast</u> Whole Grain Corn Chex 100% Orange Juice Unflavored Whole Milk <u>Snack</u> Fresh Carrot Sticks Dipped Soy Butter Water	<u>22</u> <u>Breakfast</u> Whole Grain Kix Cereal Pears Unflavored Whole Milk <u>Snack</u> Whole Grain Ritz Crackers Pineapple Chunks Water	<u>23</u> <u>Breakfast</u> Whole Grain English Muffins Pineapple Chunks Unflavored Whole Milk <u>Snack</u> Whole Grain Blueberry Lemon Crisp Sliced Peaches Water	<u>24</u> <u>Breakfast</u> Whole Grain Waffle w/Syrup Peaches Unflavored Whole Milk <u>Snack</u> Whole Grain Cheese It Crackers Mandarin Oranges Water	<u>25</u> <u>Breakfast</u> Corn Flakes Diced Pears Unflavored Whole Milk <u>Snack</u> Whole Wheat Graham Crackers Pineapple Water



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<u>28</u> <u>Breakfast</u> Whole Grain French Toast Sticks Fresh Apples Unflavored Whole Milk <u>Snack</u> Whole Grain Ritz Crackers Cheese Slices Water	<u>29</u> <u>Breakfast</u> Whole Grain Corn Chex Banana Unflavored Whole Milk <u>Snack</u> Fresh Carrot Sticks Dipped Soy Butter Water	<u>30</u> <u>Breakfast</u> Rice Krispies Sliced Peaches Unflavored Whole Milk <u>Snack</u> Whole Grain Carrot Muffins Applesauce Water		